

Certificate of DNS Exercise Trainer

BE IT KNOWN THAT

Alena Kobesová MD, PhD

HAS SUCCESSFULLY COMPLETED THE PRESCRIBED COURSES,
DEMONSTRATING PROFICIENCY BY PASSING THE REQUIRED
PRACTICAL EXAMINATION ON THE APPLICATION OF THE DNS
PRINCIPLES FOR VARIOUS SPORT AND FITNESS TRAINING METHODS.

THUS CONFER THE TITLE OF:

Dynamic Neuromuscular Stabilization Certified Exercise Trainer

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Prof. Pavel Kolar, PaedDr., Ph.D.

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DYNAMIC